

THRIVE

Wisdom

Leadership & Executive Coaching

See your blind spots. Your patterns.

The ways you're building trust —
and the ways you may be unintentionally eroding it.

That's what this work is built around.



What This Looks Like

You bring what's live — a pattern, a challenge, a piece of feedback you keep turning over, or simply the sense that something isn't landing the way you intend.

Together, we get underneath it — what's driving it, the impact it may be having, and what becomes possible when you see your strengths more clearly and connect them in ways you may not have considered before.

Because once you can see a pattern, you have real choices.

More Than a Coaching Perspective

I've spent decades on both sides of leadership—leading people and helping others lead.

I bring the perspective of a coach, the experience of a leader, and the practical understanding of someone who's built large-scale leadership development inside organizations.

That means I understand the realities you're navigating, what actually works in practice, and how to apply it – not just the principles behind it.



What Most Development Misses

Most leadership development focuses on building trust.

This work also focuses on what quietly erodes it.

Because the same well-intentioned behaviors that feel like good leadership can land differently for the people on the other side.

You can:

- ✓ Communicate more — and unintentionally discourage honesty
- ✓ Increase accountability — and unintentionally create fear
- ✓ Give feedback — and unintentionally diminish confidence
- ✓ Delegate more — and unintentionally create confusion

About Mayte

● **20k+ Hours** — Coaching & Developing Leaders
Thousands across all levels and industries.

● **25+ Years** — Leading People
I've lived leadership — not just coached it.



Public recommendations available on [LinkedIn](#).
From leaders, colleagues, and HR partners.

Curious if this is the right fit for you?
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